



January Outdoor Activities

All on One Side

Age Range: 3rd – 6th grade.

Supplies: Volleyball net or string, inflated balloon.

Set Up: Hang the volleyball net. If you do not have a volleyball net, hang a piece of string shoulder height between two poles or trees.

Instructions: This is a cooperative game. The children begin on one side of the net with no one on the other side. The object is to get your group to the other side of the net and back as many times as possible without the balloon hitting the floor. On “go” hand one player the balloon, that player must hit the balloon over the net then walk under the net to the other side and hit the balloon back this time to another player.

The next player must then try and hit the balloon over the net and walk under the net to try and quickly hit it back. If the balloon does not make it over the net the first time, it can be passed to different players, but the player that hits it over the net must walk under the net. The group must work together to get all players to one side without the balloon hitting the ground. If the balloon touches the ground all players go back to one side and begin again.