



## January Outdoor Activities

### Ambush

Age Range: 3<sup>rd</sup> – 6<sup>th</sup> grade.

Supplies: Two empty trash cans, three chairs, three balls.

Set Up: Place the empty trash cans on opposite sides of the playing area. In the center of the playing area, place 3 chairs in a line with balls on each one.

Instructions: Split your children into two even teams, choose two players from each team to be gladiators, gladiators can go anywhere on their side of the playing area, but cannot pass the chairs. Have all children begin in line with their trash can aka the goal. On “go” the children run to the chairs to try and obtain a ball. Once they have a ball the goal is to try and score it in the trash can, each time they score the team receives a point. If a player is not a gladiator, they can run on the opposite team’s side to try and score a point with the ball. Gladiators can only tag people that have a ball. If tagged, the ball must be returned to a chair and the tagged player must return to their side before resuming play.