

SUNSHINE DAY CAMP

December Outdoor Activities

Don't Ring the Bells- Obstacle Course

Supplies: Bells, string, miscellaneous items for an obstacle course (i.e., hula hoops, chairs, cones, tables, pool noodles, etc.)

Set Up: Create an obstacle course using the items you found. When creating the obstacle course, make it so the children have to crawl under something, climb over something and have a balancing portion as well. On parts of the obstacle course, place bells by hanging them, with the string or placing in the walkway.

Instructions: The goal for each child is to see how far they can complete the obstacle course without the bells ringing. The more bells you place in areas that are difficult to pass, the more fun the children will have trying to figure out how to pass that part of the course without the bells ringing.

