



## January Outdoor Activities

### Kickball

Age Range: All Ages

Supplies: 1 Ball, 4 Bases or cones

Set Up: Set up bases in a diamond shape on a large playing area.

Instructions for 3<sup>rd</sup> -6<sup>th</sup> Grade: Kick ball is played very similar to baseball. Split your group into two teams. One team will begin in the outfield and one team will be kicking. Have a counselor pitch the ball by gently rolling it to the first kicker. Once the ball is kicked, the player will advance around the bases. A fielder can get a runner out by reaching a base first, or with the ball in hand, a fielder cannot throw the ball at the runner to get him out. Just as in baseball, a pitch may be a strike or a ball; a kick may be fair or foul; three strikes make an out and three outs mean the kicking team must take the field. Play as many innings as you would like. The team with the most points at the end wins!

Instructions for Kinder-6<sup>th</sup>: Younger children may have a difficult time fielding the ball and tagging runners out. To help with the confusion, try having the fielding team grab the ball and bring it to the counselor pitching, this will make it so nobody gets out. Once the ball is back to the counselor, the runner stops running and stays at the base they are closest to. If they make it home the team scores a point.