

SUNSHINE DAY CAMP

February Outdoor Activities

American Eagle

Age Range: All ages

Supplies: Several soft gator balls.

Set Up: none

Instructions: Have all children begin on one side of the playing area stand next to each other in a line. Staff will be standing on the sidelines with the balls. When a counselor yells “American Eagle,” the children will run from one side of the playing area to the other. While they are running, counselors are throwing the soft gator balls at the children trying to tag them out. Staff are to gently throw the balls aiming below the shoulders only. If a child is hit by a ball, they are out. To make the game fun, try calling out other items that rhyme with American Eagle such as: American Beagle, American Seagull, American Evil, etc. If a child tries to run when American Eagle is not called, they are out as well.

