



## February Outdoor Activities

Shadow Tag (for Groundhog Day)

Age Range: All ages

Supplies: None

Set Up: none

Instructions: Briefly explain what a shadow is and its importance on ground hog day (use explanation below if needed). Choose one player to be it. On go, it runs and tries to tag the other players by stepping on their shadow. If their shadow is stepped on, they must freeze until someone else steps on their shadow to unfreeze them.

Groundhog Day Explained: The legend is simple: the groundhog's shadow on February 2, predicts the weather for the next six weeks, until the start of spring. A sunny day means the groundhog will see his shadow- this is taken as a sign that the next six weeks will bring wintry weather. A cloudy day means the opposite.