



March Outdoor Activities

Capture the Flag

Age Range: All ages.

Supplies: 2 cones or bandanas to represent flags.

Set Up: None

Instructions: Divide children into two teams. Give each team a flag that they have to guard. Play in an open area with a line in the middle dividing the two territories. The object of the game is to get your opponents flag and run back to your territory without being tagged. If a child is tagged, they go to the "jail." Once in jail, you can only be freed if someone from your team tags you. You then receive a free "walk" back to your territory. The team that captures the opposite teams flag and brings it back to their side wins!