

March Outdoor Activities

Hoop Hop Showdown

Age Range: All ages.

Supplies: 10-15 Hula Hoops

<u>Set Up:</u> Set up the hula hoops in a line.

<u>Instructions:</u> Divide the children into two teams and have them line up at either end of the hula hoop trail. On go, the first person on each team starts hopping down the hula hoop trail landing once in each hula hoop. When they meet each other, they play a round of rock-paper-scissors. The player that loses the rock-paper-scissors match, leaves the hula hoop trail, going back to his team's line. The winner gets to continue hopping up the hula hoop trail, trying to get to the opposing team's starting point.

As soon as the losing child leaves the trail, the next player in their team's line starts hopping down the trail, and the game continues until one player reaches the opposite team's start point. If that happens, the team wins a point. Continue playing until a team reaches 10 points.