



March Character Trait Curriculum

Trustworthiness: Truthful words and truthful ways.

Truthful Dominos

Age Range: 3rd-6th Grade

Supplies: Dominos

Set Up: N/A

Instructions: Begin by asking the children a pretend problem such as “did you break the cookie jar?” Have the first-person answer with a make-believe lie and each successive person adding to the lie to cover up the last one. As each lie is told, line up a domino in a straight line. When the last lie is told, push the last domino over and watch them all collapse. Discuss why all the dominos fell over after the last lie. Use the talking points below regarding trustworthiness.

Talking Points

1. What does trustworthiness mean to you?
2. Who in your life do you trust and why?
3. Tell about a time you told a lie and the trouble that resulted from it.
4. Share an example of someone being loyal to a friend.
5. Give an example of a promise kept.



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Stacking Blocks

Age Range: 3rd-6th Grade

Supplies: Jenga Blocks

Set Up: Write down positive and negative behaviors and traits that show trustworthiness such as honesty, promise-keeping, loyalty and integrity, doubt, skepticism. Try to identify more positive behaviors than negative ones. Write each on a separate piece of paper.

Instructions: To begin, stack the blocks as the Jenga game instructs. Having the children take turns, let each person draw a behavior then remove a block. Those who draw positive behaviors should try and increase the existing stack by replacing their blocks at the top. Those who draw negative ones should only remove a block, not caring if it makes the stack tumble, then begin building a new tower with the negative behaviors. Use the talking points below during your activity.

Talking Points

1. What is trustworthiness?
2. Discuss how long it takes to rebuild trust after it has been broken (new second tower).
3. Talk about the extra steps a person needs to take in order to rebuild trust when it has been broken with parents, teachers and friends (when the entire Jenga stack falls over)
4. What do you think makes a person honest? What makes a person dishonest? Can a person be both?



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Trust Walk

Age Range: All Ages

Supplies: Small objects such blocks or cups about 25-50, blindfold.

Set Up: Place the small objects all over the floor in the playing area. Be sure the rest of the playing area is safe and clear from any hazards.

Instructions: Divide the children into pairs. One person is blindfolded and the other is a guide. Once the blindfolded partner is ready, slowly spin the person around a few times so they are unsure which direction they are headed. The guide partner must use verbal cues only to try and get the blindfolded partner to one side of the room to the other making sure the blindfolded partner does not step on or knock over any of the items on the floor. The blindfolded partner must listen closely to all cues and trust their partner to lead them safely through the room. Have all children be a guide and be blindfolded. Use the talking points below after the activity.

Talking Points

1. What is trustworthiness?
2. Was it easy to trust your partner? Why or why not?
3. What did the guide do to make you feel trust/distrust?
4. Did the guide let you down?
5. Did you want to peek? Why?
6. How is this activity like real life?
7. What can you do to help others trust you?