



May Outdoor Activities

Hit the Stick

Age Range: All grades

Supplies: Handball, ruler

Set Up:

Instructions: Two players face each other about 10 feet apart. One stands behind a winner line and the other behind a challenger line. A wait line is formed for the remaining challengers. Halfway between the two players, place the ruler (aka stick). The children bounce a ball back and forth between them trying to hit the stick. The child who moves the stick is the winner and stands behind the winner line. The loser goes to the end of the wait line and a new child becomes the challenger. The challenger always throws first.