



May Character Trait Curriculum

Patience: Waiting with a happy heart.

Card Towers

Age Range: All Ages

Supplies: Playing cards.

Set Up: N/A

Instructions: Introduce Patience using the talking points 1-4 below. Next, split your children into pairs or small groups. Give each group of children several playing cards. Have them try and build card towers. After, using talking points 5-7.

Talking Points

1. What is patience?
2. When are times you need to be patient?
3. What are ways you can show patience?
4. What happens if you are impatient?
5. How did you and your group display patience while building the card tower?
6. Why was it important to have patience during this activity?
7. What happened if you were not patient while building your card tower?



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Patience: Waiting with a happy heart.

Patience Clock

Age Range: All Ages

Supplies: Patience worksheet

Set Up: N/A

Instructions: Use the talking points below to introduce Patience. Give each child a patience clock worksheet. Discuss as a group, situations where the children may say the impatient phrases and what they could say or do instead of being impatient.

Talking Points

1. What is patience?
2. Tell me about a time you had to be patient at home? At school?
3. Why is being patient so difficult?
4. What happens if you are impatient?

Patience

Waiting with a happy heart.

I'll do it myself!

You're too slow!

Stop bothering me!

Hurry up!

Why is it taking so long?

I'm bored!

How much longer?

I want it now!

I'm hungry!

I don't have time!

I'll never understand this!

I'm too tired!!



Name situations in which you might say these things when you are not being patient, and then say what you can do to be patient.

