

# SUNSHINE DAY CAMP

## May Cooking Activities

### Guacamole & Quesadillas

\*\*\*May 5<sup>th</sup>- Cinco De Mayo\*\*\*

Age Range: All Ages

Supplies: Avocados, limes, salt, pepper, chips, tortillas, shredded cheese.

Set Up: Slice avocados, cut limes in half.

Instructions: Involve your children in the guacamole process as much as possible. They can scoop, smash, cut (with safe knives) and stir! Cut the avocados, pull out and discard the pit. Remove the avocado flesh and place into a medium size bowl. Cut the lime in half and squeeze into the bowl with the avocado. Add salt and pepper to desired taste. Using a fork, gently mash the avocados and stir all ingredients together.

Quesadillas: Give each child a tortilla and some cheese, have them add a desired amount of cheese to their tortilla, fold it in half and microwave for 15-30 seconds. Eat with the guacamole and enjoy!



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### Brownie Batter Dip

Age Range: All Ages

Supplies: 8oz cream cheese (softened), ¼ cup butter (softened), 2 cups of sugar, ½ cup cocoa, ¼ cup milk, 2 tablespoons brown sugar, 1 teaspoon vanilla extract. Dipping options: Apples, graham crackers, pretzels, bowl, whisk.

Set Up: N/A

Instructions: In a large bowl, mix cream cheese, and butter until smooth. Mix in the sugar, cocoa powder, milk, brown sugar, and vanilla until smooth. Serve with dippers of your choice.

