

# SUNSHINE

## DAY CAMP

### Cooking Activities

#### Walking Nachos

Age Range: All Ages

Supplies: 1 individual bag of Fritos chips per child, shredded or nacho cheese, canned or fresh tomatoes, sour cream, other miscellaneous nacho toppings.

Set Up: N/A

Instructions: This is a simple, but fun way to eat nachos. Give each child a bag of chips, have them fold down the top to expose the chips. Let them decide which toppings to add to their nachos, give them a spoon or fork if needed. Eat and enjoy! \*\*Please do not microwave the chip bags. \*\*





## Cooking Activities

### Chocolate Milkshakes

\*\*\*National Chocolate Milkshake Day September 12\*\*\*

Age Range: All Ages

Supplies: Cups, spoons, chocolate ice cream, milk, maraschino cherries, whip cream, blender.

Set Up: N/A

Instructions: Combine ice cream and milk in a blender. Blend until combined. Add more milk if needed. For a thicker shake, add more ice cream. For a thinner shake, add more milk. Serve topped with whip cream and a cherry. Eat and enjoy!





## Cooking Activities

### No Bake Cookie Dough Bites

Age Range: All Ages

Supplies: Blender, bowls, spoons, 4 cups quick cook oats, 5 tablespoons butter at room temperature, ½ cup brown sugar, 1 teaspoon vanilla extract, ½ teaspoon salt, 14 oz sweetened condensed milk, ½ cup chocolate chips.

Set Up: Add the oats to the blender, blend until the oats look like the texture of flour, remove from blender and set aside.

Instructions: To the blender add sugar, butter, vanilla and salt. Blend until it comes together, it will look like sand before combining together. Blend in the sweetened condensed milk. Add the oat flour, blending until combined. Stir in the chocolate chips. Refrigerate for 30 minutes, scoop dough into small balls. Eat and enjoy!

