



Character Trait Curriculum

Thankfulness: Having an attitude of gratitude.

Thankful Little Spot

Age Range: Kindergarten-2nd Grade

Supplies: TV, Large piece of butcher paper, markers, <https://www.youtube.com/watch?v=GXUoQ5MugCY>

Set Up: On to top of the large piece of butcher paper write, "We are thankful for..."

Instructions: Begin your lesson by showing the book, A Little Thankful Spot by Diane Alber on Youtube (use the link above). Once completed, discuss Thankfulness with your group using the talking points below. After each child says what they are thankful for, write it on the butcher paper and hang in your room for the month of November.

Talking Points

1. What is Thankfulness?
2. What is gratitude?
3. How does someone show Thankfulness?
4. Do you only need to be thankful for material items? Why or why not?
5. Who in your life has shown Thankfulness?
6. How can you show Thankfulness while at Sunshine Day Camp?



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Thankfulness TP

Age Range: 3rd-6th Grade

Supplies: 1 Roll of Toilet Paper

Set Up: N/A

Instructions: Pass around a roll of toilet paper and ask each person to take off how much they need, which is sure to draw giggles. Don't elaborate, even when they ask why you're doing this. When everyone has toilet paper, have the kids break their tissue up into individual squares. For each square that the students took, they must say one thing they are grateful for. The children who thought it would be funny to grab a bunch of toilet paper might have a hard time listing enough items that they're grateful for, but challenge them to try. Then, use the talking points below to discuss Thankfulness.

Talking Points

1. What is Thankfulness?
2. What is gratitude?
3. How does someone show Thankfulness?
4. Do you only need to be thankful for material items? Why or why not?
5. Who in your life has shown Thankfulness?
6. How can you show Thankfulness while at Sunshine Day Camp?



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Gratitude Game

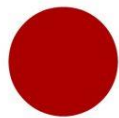
Age Range: All Ages.

Supplies: Different colored straws or sticks

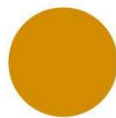
Set Up: N/A

Instructions: Each colored stick or straw represents a type of thing you are grateful for. Have all your children sit in a large circle. Drop the colored sticks or straws in a pile in the middle of the circle. One by one the children walk to the middle of the circle and take one stick. The child then needs to tell one thing they are thankful for based on the color of their stick. Continue going around the circle until all the sticks are gone.

GRATITUDE GAME



Name a Person You are Thankful for



Name a Place You are Thankful for



Name a Food You are Thankful for



Name a Thing You are Thankful for



Name Anything of Your Choice