



Outdoor Activities

Riverbank

Age Range: All Ages

Supplies: N/A

Set Up: N/A

Instructions: Instruct students to put their toes on the line and face the facilitator (you). The facilitator will call out "river," "bank," or "riverbank." Players hop forward when they hear "river" and backward when they hear "bank." When the facilitator calls out, "riverbank," players hop sideways with one foot in the river and one foot in the bank. If a player makes a mistake, he or she will do five jumping jacks or a silly dance before rejoining the game.