

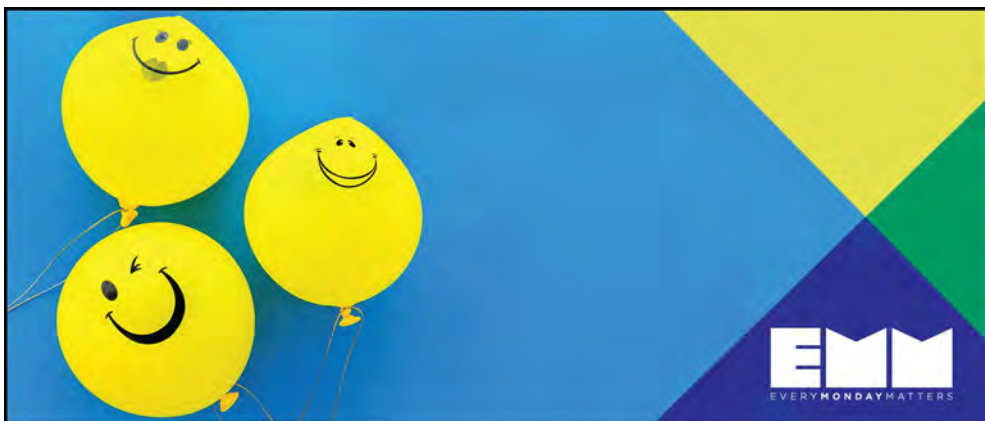
THIS WEEK'S
FOCUS:

**SMILE
LIKE YOU
MEAN IT**

**GRADE
LEVEL:
K-2**



WE MATTER



TODAY'S ACTIVITY: "TEAM SMILE"

Students will use their social awareness to actively help others SMILE. Students will work together to thoughtfully do a variety of acts that will bring JOY to the people around them and their community.

Blank paper; pens or pencils; (and materials that students may identify - ex. notecards, post-its, crayons, markers, colored pencils, etc.)

Prep time: 5-10 minutes

As this is the first Monday of the month, please consider sharing highlights or relevant parts of the Monthly Launch Lesson - MONDAY GETS JOYOUS to reinforce this month's theme. This lesson has two parts: Part A - brainstorm and create JOYFUL acts and Part B - carry out JOYFUL acts. Consider breaking this lesson into two or more sessions. *Try to be mindful of students who may struggle with identifying what makes others SMILE. Encourage students to focus on the simple things that may make people SMILE.

LEARNING MODALITIES		SOCIAL & EMOTIONAL LEARNING		4 C's	
	Visual		Self-awareness		Critical thinking
	Auditory		Self-management	●	Communication
	Kinesthetic	●	Social-awareness	●	Collaboration
	Verbal	●	Relationship skills	●	Creativity
●	Interpersonal		Responsible decision-making		
	Intrapersonal				
	Logic				

GOALS FOR THE WEEK

- 1 UNDERSTAND** and appreciate what makes us feel joy.
- 2 ENGAGE** in different ways that bring laughter and SMILES to others.
- 3 DISCOVER** how recalling happy moments and cherished memories create joy in the present.



LAUNCH: (3-5 minutes)

*Consider asking one or more questions below to build background to the lesson's theme and strategy of **MONDAY GETS JOYOUS** and **SMILE LIKE YOU MEAN IT**



When you hear the word SMILE what other words do you think of?

What makes people smile?

What instructions might you say to someone to help them SMILE?

What gets in the way of being able to SMILE?



A SMILE is a simple act that can do so many things. A SMILE says I see you and YOU MATTER. A SMILE can change a mood and improve our day. A SMILE can pass from person to person and go around the world. A SMILE takes just a moment. A SMILE can bring laughter, happiness and JOY to our space.



INQUIRY: (3-5 minutes)

Select 1-3 questions from the list below to help build background for the activity. *NOTE: Consider modifying the questions pending students' ages, grades, ability levels, and classroom goals. Consider having students share their responses in pairs, small groups, or as a large group.



What is a past event or experience that makes you SMILE when you think about it?

Have you ever seen someone not smiling and you smiled at them? What happened next?

Why do you think SMILING might make someone else SMILE?

How might SMILING change someone's day?



ENGAGE: (1 minute)



A SMILE shows to the world how we feel inside. It shows that we are happy, content and feeling good about our lives. SMILING takes intention, even though sometimes it feels automatic. When we are open to the wonderful things around us and the thoughtful things people do, our SMILES can easily be found. In a way, a SMILE is an inexpensive gift that we can give to others that is priceless.



Are you ready to work together to help others SMILE LIKE THEY MEAN IT?

Icon Key



- Ask



- Explain



- Say



- Brainstorm



- Slide #'s



START ACTIVITY: (10-15 minutes)

Directions: SMILES to the people around them. Have students brainstorm things they can do and create together to put a SMILE on people's faces. Have students also think about the people they want to target (ex. custodians, cafeteria staff, school office staff, seniors, etc.) Then provide time and materials for students to carry out their ideas. Examples: students create SMILEY post-its and place them in unexpected places; students create bookmarks with funny jokes or pictures and give the to the library for patrons to use; students create thoughtful pictures on notecards, etc.)



Today, we are going to work as a TEAM to bring SMILES to our community. They may be people we know very well or people we don't know at all but we are going to use our creativity and energy to bring JOY to the different spaces around us.

*Consider asking one or more questions below to connect students to the work they will be doing to bring SMILES to the people around them. Think about charting students' responses on a whiteboard or flipchart paper:



What types of things brings SMILES to people's faces?

What are some simple things we can do to help others SMILE?

Who might be some people at our school/program or in our community that could use a SMILE?

How might working as a team bring more SMILES to our community?

*Place students into small groups. This will be group with whom they will carry out their TEAM SMILE acts. Provide blank paper and pens or pencils. If students are in groups, consider having students identify one person as the recorder.



In your group, list different ways you and your groupmates can make people SMILE. Also, think about what materials you might need and how to carry out your TEAM SMILE actions. Maybe as a group, you tell jokes at recess. Maybe as a group, you create and pass out SMILEY face notes. Whatever it is, let's be thoughtful and intentional to bring SMILES to our space.

*Provide time for students to create their lists. Encourage students to think about simple acts they can do together. Then, have students make a plan to carry out their TEAM SMILE actions.

Icon Key



- Ask



- Explain



- Say



- Brainstorm



- Slide #'s



REFLECT: (3-5 minutes)

After the activity, consider asking 1-3 of the following questions to help students reflect, evaluate, and make connections to the lesson. *NOTE: Think about modifying the questions based on your students' ages, grades, ability levels, and classroom goals. Consider having students share their responses in pairs, small groups, or as a large group.

- What was it like thinking of ways to help people SMILE?
- What might be some challenges in helping others SMILE?
- How might working as a group bring more JOY to our community?
- How might you continue to partner with others to make people SMILE?
- How does knowing you can work together to bring JOY to our community remind us of how much and why we MATTER?



WRAP UP: (1 minute)

Thank you for thoughtfully contributing to being a part of TEAM SMILE. Our SMILES show how we feel inside. When we work together to bring JOY to the people around us, we create a space for people to connect to their SMILES. Let's continue to use our awareness to help others SMILE LIKE THEY MEAN IT. It matters.

Icon Key



- Ask



- Explain



- Say



- Brainstorm



- Slide #'s

EXTEND

Think about providing more opportunities for students to **SMILE LIKE THEY MEAN IT** and **GET JOYOUS** by doing one or more of the activities listed below:

- 1 SPREAD THE SMILES:** Have students create “What Makes You Smile?” posters that invites others to share what makes them smile. Place markers and/or post-its by the poster along with directions that encourages people to share. Then have students review and report back what makes people SMILE.
- 2 BECAUSE:** Read aloud, listen to, or watch *Because Amelia Smiled* by David Ezra Stein. Video read aloud link: <https://video.link/w/7p9Ed> Have students create a “Because we smile...” chain of events that shows how a SMILE can create even more SMILES that can spread across the world.
- 3 DON'T SMILE CHALLENGE:** Place students into pairs. Have students take turns trying to make each other SMILE. The partner’s goal is to not SMILE...not even a smidgen 😊

“ **EVERYWHERE YOU GO TAKE YOUR SMILE WITH YOU.** ”
- SASHA AZEVEDO